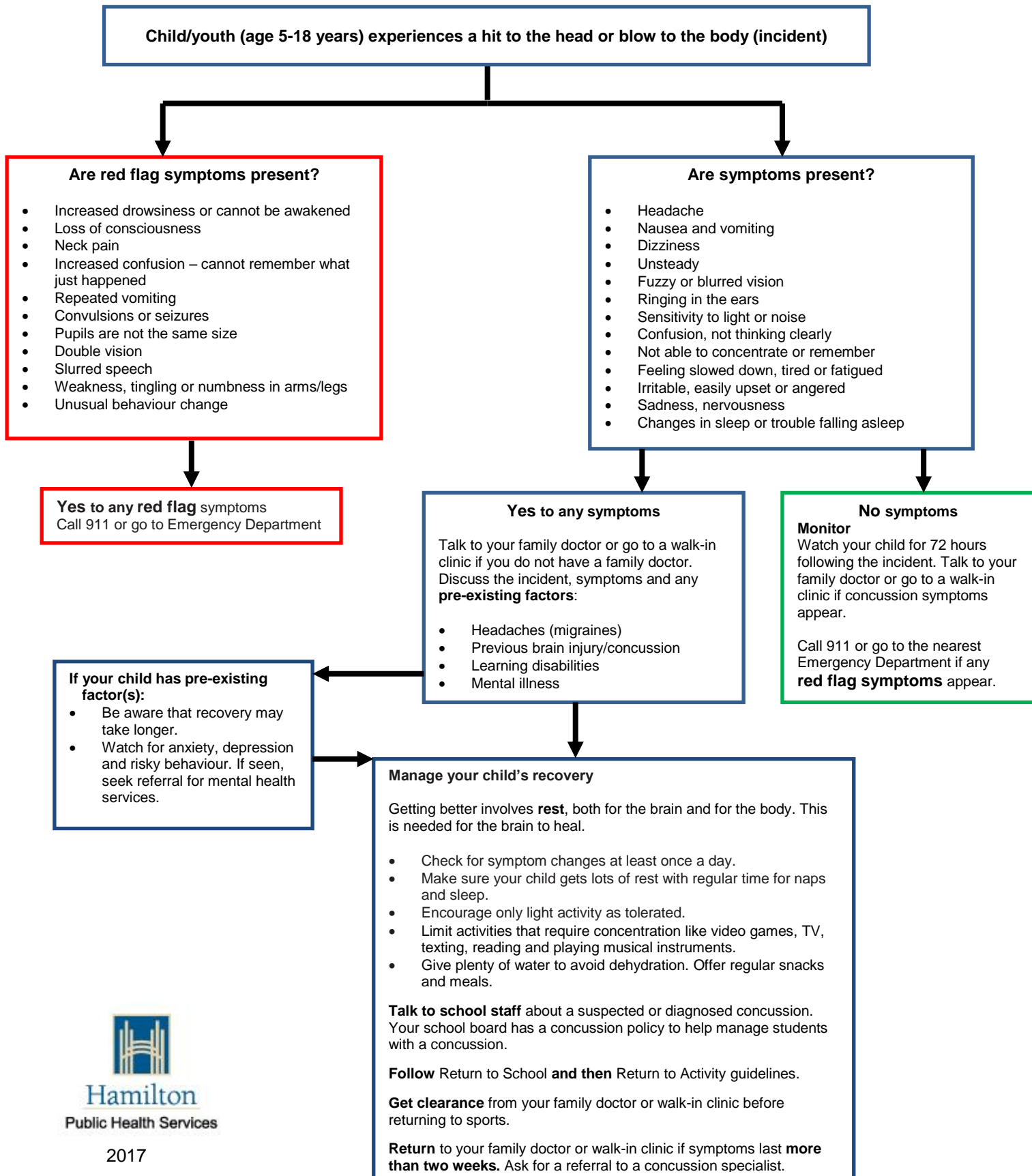


Parent Pathway for Concussion Care



Brain Injury Management Support Services in Hamilton

A concussion is a brain injury caused by a hit to the head that can change the way the brain normally works. Concussions can also occur from a fall or blow to the body that causes the head to move rapidly back and forth. A concussion can happen without the loss of consciousness. Young children and teens are more likely to get a concussion and take longer to recover than adults.

Emergency Room Departments

Triage, treatment, admittance and referral

- McMaster Children's Hospital; 1200 Main Street West, Hamilton, ON; 905.521.2100
- Hamilton General Hospital; 237 Barton Street East, Hamilton, ON; 905.521.2100
- Juravinski Hospital; 711 Concession St., Hamilton, ON; 905.521.2100
- St. Joseph's Hospital; 50 Charlton Avenue East, Hamilton, ON; 905.522.1155

Clinics

Brain Injury Services

A community outreach program that provides you and your 13+ year old child with:

- Concussion education and navigation assistance through the health care system;
- Assistance to implement symptom management strategies in conjunction with your physician;
- Returning to school, sports, and social activities.

Referral/application: application completed by parent, with a medical practitioner's confirmation of a concussion.

Call 905 523-8852 ext. 123 or email admissions@braininjuryservices.com.

For more information visit: www.braininjuryservices.com.

Resources

- Brain Smart Hamilton concussion website for parents, coaches and healthcare providers www.mcmasterchildrenshospital.ca/concussion
- CanChild Return to School and Return to Activity guidelines: <http://canchild.ocean.factore.ca/en/diagnoses/brain-injury-concussion#resources>
- Concussions 101, a video for parents and kids – Dr. Mike Evans: <http://youtu.be/zCCD52Pty4A>
- Concussion Awareness Training Tool (CATT) Parents, players and coaches Awareness Toolkit includes: on-line course, resources, videos and parent handouts: <http://www.cattonline.com/>
- Concussion Ed app for youth, parents and educators. Available in English and French. Organized into Prevent, Recognize, Manage and Track. Download at the [Apple App Store](#) or [Google Play](#)
- Concussions & you: A handbook for Parents and Kids, Holland Bloorview Rehabilitation Hospital, <http://hollandbloorview.ca/programsandservices/Concussioncentre/Concussioneducation/Handbook>
- Hamilton-Wentworth District School Board Concussion Directive <http://www.hwdsb.on.ca/wp-content/uploads/2012/05/Concussion-Directive.pdf>
- Hamilton-Wentworth Catholic District School Board Concussion Protocols <https://www.hwcdsb.ca/board/policies/?fileID=103081>
- Ontario Brain Injury Association <http://obia.ca>. Support Line 1-800-263-5404

